

MLB Jersey Size Chart

Last checked: 2026-10-27. Body measurements in inches (cm converted and rounded).

Copied from the maker's own chart.

We could not open and confirm a current numeric MLB chart, so none is listed here.

How to measure

1. Stand relaxed: Wear a thin shirt or none. Stand straight with your arms down and breathe normally.
 2. Wrap the tape: Run a soft tape around the fullest part of your chest, under the arms and across the shoulder blades. Keep it
 3. Enter it above: Type the number, pick inches or centimetres, and read the size. Check the highlighted row in the chart below
- Maker page (not confirmed by us): Fanatics MLB size chart - <https://www.fanatics.com/mlb-jersey-size-chart/x-48>